



Myer Briggs Test

Name _____

Please return the questionnaire completed and scored for you next visit. Thank you!
Decide on answer (a) or (b) and put a check mark in the a or b section of each question. There are no right or wrong answers.

1. When the phone rings do you
___(a) hurry to get to it first ___(b) hope someone else will answer
2. Are you more
___(a) observant than introspective ___(b) introspective than observant
3. Is it worse to
___(a) have your head in the clouds ___(b) be in a rut
4. With people are you usually more
___(a) firm than gentle ___(b) gentle than firm
5. Are you more comfortable making
___(a) critical judgements ___(b) value judgements
6. Is clutter in the workplace something you
___(a) take time to straighten up ___(b) tolerate pretty well
7. Is it your way to
___(a) make up your mind quickly ___(b) pick and choose at some length
8. Waiting in line, do you often
___(a) chat with others ___(b) stick to business
9. Are you more
___(a) sensible than ideational ___(b) ideational than sensible
10. Are you more interested in
___(a) what is actual ___(b) what is possible
11. In making up your mind are you more likely to go by
___(a) data ___(b) desires
12. In sizing up others do you tend to be
___(a) objective and impersonal ___(b) friendly and personal
13. Do you prefer contracts to be
___(a) signed, sealed and delivered ___(b) settled on a handshake
14. Are you more satisfied having
___(a) a finished product ___(b) work in progress
15. At a party, do you
___(a) interact with many even strangers ___(b) interact with a few friends

16. Do you tend to be more
 ___(a) factual than speculative ___(b) speculative than factual
17. Do you like writers who
 ___(a) say what they mean ___(b) use metaphors and symbolism
18. Which appeals to you more
 ___(a) consistency of thought ___(b) harmonious relationships
19. If you must disappoint someone are you usually
 ___(a) frank and straightforward ___(b) warm and considerate
20. On the job do you want your activities
 ___(a) scheduled ___(b) unscheduled
21. Do you more often prefer
 ___(a) final, unalterable statements ___(b) tentative, preliminary statements
22. Does interacting with strangers
 ___(a) energize you ___(b) tax your reserves
23. Facts
 ___(a) speak for themselves ___(b) illustrate principles
24. Do you find visionaries and theorists
 ___(a) somewhat annoying ___(b) rather fascinating
25. In a heated discussion, do you
 ___(a) stick to your guns ___(b) look for common ground
26. Is it better to be
 ___(a) just ___(b) merciful
27. At work, is it more natural for you to
 ___(a) point out mistakes ___(b) try to please others
28. Are you more comfortable
 ___(a) after a decision ___(b) before a decision
29. Do you tend to
 ___(a) say right out what's on your mind ___(b) keep your ears open
30. Common sense is
 ___(a) usually reliable ___(b) frequently questionable
31. Children often do not
 ___(a) make themselves useful enough ___(b) exercise their fantasy enough
32. When in charge of others do you tend to be
 ___(a) firm and unbending ___(b) forgiving and lenient
33. Are you more often
 ___(a) a cool headed person ___(b) a warm hearted person
34. Are you prone to
 ___(a) nailing things down ___(b) exploring the possibilities
35. In most situations are you more
 ___(a) deliberate than spontaneous ___(b) spontaneous than deliberate
36. Do you think of yourself as
 ___(a) an outgoing person ___(b) a private person
37. Are you more frequently

59. Are you drawn more to
___(a) fundamentals
___(b) overtones
60. Which seems the greater fault
___(a) to be too compassionate
___(b) to be too dispassionate
61. Are you swayed more by
___(a) convincing evidence
___(b) a touching appeal
62. Do you feel better about
___(a) coming to a closure
___(b) keeping your options open
63. Is it preferable mostly to
___(a) make sure things are arranged
___(b) just let things happen naturally
64. Are you inclined to be
___(a) easy to approach
___(b) somewhat reserved
65. In stories do you prefer
___(a) action and adventure
___(b) fantasy and heroism
66. Is it easier for you to
___(a) put others to good use
___(b) identify with others
67. Which do you wish more for yourself
___(a) strength of will
___(b) strength of emotion
68. Do you see yourself as basically
___(a) thick-skinned
___(b) thin-skinned
69. Do you tend to notice
___(a) disorderliness
___(b) opportunities for change
70. Are you more
___(a) routinized than whimsical
___(b) whimsical than routinized

Answer Sheet

Enter a check for each answer in the column for a or b.

		a	b			a	b			a	b			a	b			a	b				
1				2				3				4			5			6			7		
8				9				10				11			12			13			14		
15				16				17				18			19			20			21		
22				23				24				25			26			27			28		
29				30				31				32			33			34			35		
36				37				38				39			40			41			42		
43				44				45				46			47			48			49		
50				51				52				53			54			55			56		
57				58				59				60			61			62			63		
64				65				66				67			68			69			70		

1		2 3		4 3		4 5		6 5		6 7		8 7		
	↓		add →→→		↓		add →→→		↓		add →→→		↓	
1		2		3		4		5		6		7		
	E		I		S		N		T		F		J	P

Directions for Scoring

1. Add down so that the total number of a answers is written in the box at the bottom of each column. Do the same for the b answers you have checked. Each of the 14 boxes should have a number in it.
2. Transfer the number in box No. 1 of the answer grid to box No. 1 below the answer grid. Do this for box No. 2 as well. Note, however, that you have two numbers for boxes 3 through 8. Bring down the first number for each box beneath the second, as indicated by the arrows. Now add all the pairs of numbers and enter the total in the boxes below the answer grid, so each box has only one number.
3. Now you have four pairs of numbers. Circle the letter below the larger numbers numbers of each pair. If the two numbers of any pair are equal, then circle neither, but put a large X below them and circle it.

Sample Answer Sheet

	a	b		a	b		A	b		a	b		a	b		a	b			
1	✓		2	✓		3	✓		4		✓	5		✓	6	✓		7		✓
8	✓		9	✓		10	✓		11		✓	12		✓	13	✓		14	✓	
15	✓		16	✓		17	✓		18		✓	19		✓	20	✓		21	✓	
22		✓	23	✓		24	✓		25		✓	26		✓	27	✓		28	✓	
29	✓		30	✓		31		✓	32		✓	33		✓	34	✓		35	✓	
36	✓		37	✓		38	✓		39		✓	40		✓	41	✓		42	✓	
43		✓	44		✓	45	✓		46		✓	47		✓	48	✓		49		✓
50	✓		51	✓		52	✓		53		✓	54	✓		55	✓		56	✓	
57	✓		58	✓		59	✓		60		✓	61	✓		62	✓		63		✓
64	✓		65	✓		66		✓	67		✓	68	✓		69	✓		70	✓	

1	2	3	4
8	2	9	1
↓		add →→→	
8	2	9	1
E	I		

3	4
17	3
↓	
17	3
S	N

5	6
1	19
↓	
1	19
T	F

7	8
17	3
↓	
17	3
J	P